

LINDSEY ROOM TIMETABLE term time

	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00	8.30	9.00	9.30		
M					PILATES 10.00 – 12.00am																									
Tu			45 th GLOS BEAVERS* 5.45 – 7.15pm																		CLUB TOGETHER 7.30 – 10.00pm									
W				PILATES 10.00 – 11.00am														ELAINE'S DANCE SCHOOL 7.30 – 9.30pm												
Th																	MANDY GODDING* CHILDREN'S DANCE SCHOOL 4.00 – 6.00pm				UKULELE MUSIC (f) 7.00 – 10.00pm									
F				PILATES 10.00 – 11.00am		TAPPY TOES* 11.30am – 12.30pm		RESPIRATORY EXERCISE 1.00 – 2.30pm																						
Sa				PILATES 10.00 – 11.00am																										

September 2019

* Operates during school term time only

(f) fortnightly